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## Coronavirus (COVID-19)

# Advice for Mini Concerts Performers

Dear Mini Concert'eer

With the increased national concern regarding Coronavirus we have taken the decision to provide you with some sensible advice regarding both your future Mini Concert performances and how to prevent the spread of this virus.

Luckily our Mini Concerts are performed in some of the safest working environments possible. For very obvious reasons Care and Nursing Home staff will be working hard to make sure that do everything possible to prevent the spread of the disease into their homes to protect their residents. It is therefore important that as visitors to these homes we do everything possible to help them with this important task.

Therefore, we are now instructing all Mini Concert performers representing us to follow these simple rules with immediate effect:

Wash your hands upon arrival and on leaving all the venues that you perform in, and if available use the hand sanitiser provided by the home at each stage of your visit. If in doubt where to do this ask a member of staff for directions to a suitable sink for you to do this.

Keep your equipment clean, wiping it down with disinfectant wipes before every show, especially if it has been used or touched by another person.

Although we know that hand shaking at the start and end of your Mini Concerts is a popular part of your shows, unfortunately for obvious reasons we now ask that you stop this practise until further notice.

The symptoms of coronavirus are a cough, high temperature, and shortness of breath, and if you have any of these symptoms you should call 111 or contact your GP immediately for advice and not perform any Mini Concerts until further notice. If this situation does arise you should contact the Mini Concerts office at the earliest opportunity on 0203 095 4910 so that we can notify future venues and, if possible, send a substitute performer in your place.

These are some simple tips to help prevent the catching and spreading of the Coronavirus that have been published by the NHS:

- wash your hands with soap and water often – do this for at least 20 seconds
- always wash your hands when you get home or into work
- use hand sanitiser gel if soap and water are not available
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin straight away and wash your hands afterwards
- try to avoid close contact with people who are unwell

You can also find more useful advice from the NHS at:

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Please remember that, in most cases, healthy young individuals like yourselves would probably recover easily from this virus. However, in the elderly and for those with impaired immunity and/or suffering from other health conditions catching the virus could be far more serious.

Please follow these instructions and help us stop the spread of Coronavirus. If you have any questions or concerns, please call the office immediately on 0203 095 4910.

Thank you for your attention and support.

## **Mini Concerts Administration**

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